

National Parks Association

ACTIVITIES SUPPLEMENT

September - October 1999

Grading system for walks

A single grading system suitable for all people and all activities is not possible. Instead, NPA activities are described by the three factors - distance, ascent and terrain - which most determine the overall difficulty.

- *Total length of the walk* in kilometres giving walkers some idea of the amount of walking and the speed intended by the leader.
- *Total ascent* in metres expected during the walk.
- *Type of terrain* giving the most apt description of the walk. When required further details are given in the description of the trip.

Potential hazards on activities

Whilst walks vary greatly in difficulty, dangers such as poor weather, river crossings, rock climbing and other hazards can be encountered and cannot always be anticipated. Participants on NPA activities must ensure that they have adequate fitness and that they are suitably equipped. Participants must also make sure that they are aware of the conditions likely to be encountered and have adequate experience for the activity which they intend to undertake. If in doubt, participants should speak with the leader for further information.

Bookings

Please give reasonable notice to leaders if you wish to join an activity, and verify all transport and meeting details. People leading activities for the NPA do so on a voluntary basis and may decline any person's request to attend. The leader's permission must be obtained before inviting friends or bringing children on activities. Please follow any restrictions of the times at which leaders wish to be contacted.

Search and Rescue

Leaders should leave full details of their trip with a responsible person. The NPA is affiliated with the Confederation of Bushwalkers, which maintains a voluntary Search and Rescue section to assist those in difficulties in the bush. In the event of an overdue party or other incident ring the following NPA contacts:

Lyn Gett: 9790 7130

David Shepherd: 4226 6565

Richard Thompson 9213 8033 (W), 9144 1392 (H)

You may also contact Search and Rescue via pocket pagers by phoning 016 020 from anywhere. Ask the operator to send your message (including return phone number) to pager number 277 321.

LIABILITY

Every person participating in an activity conducted by the National Parks Association of NSW Inc does so as a volunteer in all respects, and as such accepts responsibility for any personal injury, however incurred. The Association, its office bearers and walks leaders cannot accept liability in regard to any injury or damage suffered by any person while engaged in any NPA activity.

Welcome to our September-October walks program. This is probably the best time of the year for walking and this is reflected in the program, with plenty of nice day trips and some great weekend base camps and pack walks. So enjoy the spring and get out on some NPA walks!

NPA is on a membership drive so that it can continue its important work. Membership is a tremendous package deal - you can support the conservation work of the Association AND go on a huge array of walks. So tell your friends and encourage them to join.

Our thanks to Jean Blackman for her many walks in this program. She has a walk on every Tuesday and every Saturday, not to mention a few Thursdays. Well done, Jean!

We have arranged a base camp weekend in October to remember Henry Fairlie-Cuninghame who died earlier this year. Location is the Newnes Plateau area and the date October 23-24. More details in this program.

Please note that we have revised the method of calculating shared costs of transport to walks (see page 10). We suggest that the cost of fuel be doubled and the result divided between all people in the car including the driver. This scheme is a little more generous to the driver than the previous one.

Information about NPA Walks

Want to know more about bushwalking or NPA activities? Contact any one of the following NPA members -

Richard Thompson 9144 1392 (eve - after 7 pm)

Steve Bennetts 9411 4908 (evenings)

Henry Roda 9948 2715 (daytime and evenings)

Enjoy Your Walking!

**Richard Thompson,
Sydney Branch Field Activities
Coordinator**

Walks/Activities Deadlines

Nov - Dec

Jul 30

Jan - Feb

Oct 01

For more information about leading walks please contact Richard Thompson 9144 1392 (after 7pm) or richard@ips.gov.au

Walks - Activities

25 Aug **African Adventure** Sthn Sydney
Slide show at 8 pm on Travels in Botswana, Zimbabwe, South Africa and Namibia. At Multi-purpose Centre, 123 Flora St, Sutherland. Details: Milton 9524 2886, Mike 9528 3897. All welcome

1 Sept Wed **Sydney suburban** Sydney
Day walk 40m asc 14km all on roads or tracks
Ralph Newbould 9579 4889 not Tue eve and never b'teen 6-8pm. Phone only if a query
Birchgrove to Abbotsford via Iron Cove
8.30am Balmain and Woolwich ferry from Circular Quay.
Alight Birchgrove (Yarulbin Point) 8.46am

2 Sept Thur **Blue Mountains NP** Sydney
Easy/med 200m desc 12km on tracks
Norma Whitmore 9872 4679 no need to contact
Springwood Station - Sassafras Creek - Magdala Creek - Springwood Station
Meet at Springwood Station 10.20am approx - check trains. Optional visit to 'watering hole' at end

4 Sept Sat **Elouera Bushland Nature Park** Sydney
Easy 11km on track
Mike Schwarz 9144 2106 (7-9.30pm)
Thornleigh to Galston Gorge via Fishponds & The Benowie track. Pleasant walk along Berowra Creek. Car shuffle.
Map: Hornsby. Limit: 20

4 Sept Sat **Ku-ring-gai Chase NP** Sydney
Easy/med 210m asc 11km easy track
Graham Conden 9869 0834
Wahroonga Stn to Mt Kuringai Stn via Gibberagong Water holes, Bobbin Head, Appletree Bay, and Cowan Creek
Meet Wahroonga Stn at 9.30am for a beautiful walk along a shaded creek across the boardwalk through mangroves and along Cowan Creek. A high quality 'suburban' walk.
Map: CMA Hornsby and Cowan. Limit: 20

4 Sept Sat **Parramatta area** Sydney
Easy/med 12-14km
Jean Blackman
Meet leader Circular Quay for 8.30 river cat to Parramatta. Walk river, lake, Darling Mills Creek. Bus return to Parramatta or Beecroft

5 Sept Sun **Blue Mountains NP** Sydney
Day walk off track, scrambling and/or thick vegetation
Henry Roda 9948 2715
An exploratory walk starting from Point Pilcher. The object is to find a reasonable pass to Govetts Creek. Map: CMA Katoomba. Limit: 8

5 Sept Sun **Royal NP** Illawarra
Day walk, 20km 250m asc
Des Towne 4261 5855
Walk Loftus to Bundeena via Temptation Creek, Bungoona Lookout, Audley, Winifred and Anice Falls, spring flowers

5 Sept Sun **Berowra Valley** Illawarra
Day walk 14km 200m asc

Ken Kort 4268 1251 no need to contact
Meet Cowan Station 9.33am. Walk Cowan to Berowra via Berowra Waters, spring flowers and views

5 Sept Sun **Brisbane Waters NP** Sydney
Day walk, ferry ride 230m asc 14km, beach, cliffs
Jenny Rich 9874 9821 (8-9pm)
Ferry from Brooklyn across Hawkesbury River to Patonga, walk to Warrah Lookout for spectacular views. Then to Pearl Beach, return to Patonga for ferry/water taxi to Brooklyn. Relaxed pace to enjoy the flowers views. Map: Broken Bay. Limit: 10

4-5 Sept Sat/Sun **Carrington Falls Barren Grounds NR** Illawarra
Base camp at cars 200m 12km max, densely wooded valley slopes
Jim Chapman 4296 3633
Cars to Robertson pie shop via Wollongong or Moss Vale. Proceed to Carrington Falls via Jamberoo Rd
Pleasant campsite with stream and swimming hole, opportunity to see old sapphire diggings. Descend into Kangaroo Valley via Missingham steps, asc via Missingham Pass. Barren Grounds 'floral walk' on Sunday

4-5 Sept Sat/Sun **Dubbo Valley-Mangrove Ck** Sydney
2 day pack walk D1 120m asc 12-17km on track and fire trail; D2 210m asc 12km on fire trail
George Daniel 9449 4769 (7-9pm)
D1: Dubbo Ck - Mangrove Ck - Simpson Track - Ten Mile Hollow; D2: Grt Nth Rd - Clares Bridge - Upper Mangrove - Dubbo Ck
Historic features along the way - good campsite. Maps: Mangrove CMA & 'Bushwalks in Sydney Reg.' Vol 2 (NPA). Limit: 12

4-5 Sept Sat/Sun **Kanangra Boyd NP** Sydney
Base camp at cars D1 280m asc 13km all on track with some rock climbing; D2 200m asc 9km, as above
Pierre Lang 9824 0453 (7-9pm)
D1: Kanangra Walls, Pages Pinnacles, Mt Berry; D2: Kanangra Walls, Cottage Rock
We will camp near Boyds Crossing. D1: walk to Kanangra Plateau to Mt Berry; beautiful views. D2: Walk to Kanangra Tops and climb Cottage Rock - also nice views over Kanangra area. Come along with some goodies and a good spirit. Maps: CMA Kanangra & Yerranderie. Limit: 10

7 Sept Tue **Royal NP** Sydney
Easy/med 10-12km, rocky tracks
Jean Blackman
8.30am train Central suburb plat to Cronulla. Meet leader for 9.30am ferry to Bundeena circular walk to Marley

8 Sept Wed **Ku-ring-gai Chase NP** Sydney
14km 200m asc all on roads or tracks, some eroded and slippery
Ralph Newbould 9579 4889 not Tue eve and never b'teen 6-8pm. Ph only if a query.
Wahroonga Station - Bobbin Head - Mt Kuringai Station (Gibberagong track)
8.37am Central (North Shore line). Wahroonga Station

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9.16am. Meet on eastern side (RH from Sydney) of line.
Map: 'Bushwalks in Sydney' Vol 2 p 17

9 Sept Thur **Ku-ring-gai Chase NP** Sydney
Easy/med 16km on fire trails
Jean Blackman
7.45am train Central sub. plat to Chatswood. Meet leader for 8.17 Forest bus to Duffy's Forest circular walk on Long track and Cowan track. Brisk pace. Park cars Booralie Rd

11 Sept Sat **Brisbane Waters NP Part 1 GNW** Sydney
Med 14-16km, steep sections
Jean Blackman
By request from Saturday walkers, 8 parts Great North Walk. 7.47am train Central, country platform to Gosford. Meet leader, bus to Old Sydney Town. Rocky tracks to Wondabyne Station

11 Sept Sat **Illawarra SRA** Illawarra
Day walk 12km 150m asc
Wes Sweet 4272 2625
Stanwell Park to Kelly's Falls. Meet Stanwell Park Station 9.45am. Climb to Stanwell Tops. Walk to Kelly's Falls and return on tracks

11 Sept Sat **Royal NP** Sthn Sydney
Birding 5km all on tracks
Brian Everingham 9520 9341
1. Lady Carrington Drive. 2. Bonnie Vale - Cabbage Tree Basin. This is a birding special. Lunch near cars. Visit 2 different locations in the park for diversity. Map: RNP (NPWS). Limit: 15

12 Sept Sun **Heathcote NP** Sydney
Trees and shrubs recognition 100m asc 6km easy tracks
Brian Saunders 9523 5681
At Waterfall discover your bushland trees and shrubs and how to identify them. Gynea lilies, blackboys, angophoras and various banksias abound. Countless species to be found, and I know where they are. Bring booklets like Burnum Burnum's "Wild Things" and help the leader. This is a bushwalkers' appreciation walk rather than a lesson. Map: Royal NP. Limit: 20

12 Sept Sun **Royal NP** Illawarra
Day walk 16km, small climb
Teddy Curtis 4229 7509 (7-9pm)
Heathcote return via Head of Navigation, Uloomla Falls, Karloo Pool, waratahs. Trains available. Limit: 15

11-12 Sept Sat/Sun **Yengo NP** Sydney
Full pack walk, 1 night. 80m asc 31km on tracks
Malcolm January 9416 7915 (6.30-9.30pm)

CANCELLATION OF BOOKINGS

Please note that if you book on a walk and then decide to cancel, you should let the walks leader know. Aside from being common courtesy it allows other NPA members to attend the walk.

Howes Valley Creek - MacDonald River. Sandy creek bed walking (easy) and creek side camping. Limit: 10

11-12 Sept Sat/Sun **Kanangra Boyd NP** Sydney
Full pack walk 700m asc, 25km mostly on tracks, med grade
Roy Jamieson 4323 7654
Kanangra Walls, Mt Cloudmaker, 100 Men Cave & return
This is one of the classic walks, with great views from the Gangerang Range. No tent needed, just ground sheet. Only experienced pack walkers please. Map: CMA Kanangra. Limit: 8

11-12 Sept Sat/Sun **Morton NP** Illawarra
Full pack walk 25km 150m asc.
Graham Burgess 4261 5799
Newhaven Gap to base camp at Camp Rock. Explore Quilty's Mountain. Great views, the Vines and maybe Hidden Valley. Can camp Fri night 600m from cars. Limit: 10

13 Sept Mon **Biodiversity & Legislation**
NPA Lecture Series, 7pm theatre Australian Museum (enter from William St.) cost \$8/\$5. Tea, coffee from 6.30pm. Details Sydney Branch Newsletter or phone Vivien 9328 0718 or dunnev@bigpond.com

14 Sept Tue **Parramatta Area** Sydney
Easy/med 10-12 km
Jean Blackman
Meet leader Circular Quay for 8.55 River Cat to Parramatta. Walk river, lake, Darling Mills Creek. Bus return to Parramatta

15 Sept Wed **Royal NP** Sydney
Med 13km, 280m asc all on tracks, some eroded/slippery
Ralph Newbould 9579 4889 not Tue eve and never b'teen 6-8pm Phone only if a query
Otford - Burning Palms - Garrawarra farm - Burgh track - Helensburgh. 7.37am Central (country plat) train to Dapto. Get off at Otford 8.35am. Map: CMA Otford 9129-4-S

16 Sept Thur **Elouera Bushland** Sydney
Easy 10km on tracks
Norma Whitmore 9872 4679 no need to contact
Thornleigh Station - Cherrybrook Lakes - Thornleigh Stn Meet Stn 10.08am (check trains). Suit beginners. Part of Great North Walk

18 Sept Sat **Royal NP** Sydney
Easy/med 10-12km
Jean Blackman
8.30am train (sub plat) to Cronulla. Meet leader 9.30am ferry to Bundeena. Circular walk to Marley

18 Sept Sat **Blue Mountains NP** Sydney
Med walk 2x250m asc 16km mostly on track, some rough sections and creek crossings.
Helmut Pfeil 9713 9460 daytime and evening
Faulconbridge - Glenbrook Ck - Bunyan L'out - Blaxland
Scenic part of the lower mountains with views and a steep descent to Glenbrook Creek. Public transport or train back to starting point of walk. Map: CMA Springwood. Limit: 15

19 Sept Sun **Blue Mountains NP** Sydney
Med/hard day walk 700m asc 22km firetrail, steps, track, off track, scrambling, chains on cliff face
Peter Fox 9799 9402 (H) 9662 5741(W)
Cliff Drive - Narrow Neck - Golden Stairs - Ruined Castle - Cedar Creek - Walls Pass - Narrow Neck - Cliff Drive
Walls Pass involves ascent of 14m rock face using chains, not for everyone. Maps: Katoomba & Jamison. Limit: 12

19 Sept Sun **Royal NP** Illawarra
Day walk 11km 100m asc
Teddy Curtis 4229 7509 (7-9pm)
Loftus return via Hacking River and Temptation Creek.
Waratahs and views. Trains available. Limit: 15

19 Sept Sun **Dharug NP** Sydney
Med day walk 250m asc, 14km good track, some steep sections
John Paterson 9440 3242 after 6 Sept 7-9pm
Mill Creek circuit in pristine Hawksbury sandstone country, 5km nth of Wisemans Ferry. Lovely climb through spring wildflowers along Boronia Ridge, lunch along Biamia Ck, waratahs, shady desc via Grasstree Track. Share cars.
Map: Gunderman. Limit: 12

18-19 Sept Sat/Sun **Kanangra Boyd NP** Sthn Sydney
Med/hard full pack 1,000m asc 25+km, steep climbs, some trackless
Brian Everingham 9520 9341
Kanangra Walls - Crafts Walls - Gingra Creek - Ti Willa - Mt Cloudmaker - Mt High & Mighty - Kanangra Walls
A solid, long walk with much climbing. As always the countryside will ease the pain. Map: Kanangra. Limit: 10

20 Sept Mon **Royal NP** Sydney
Ferry trip, easy walk
Barbara Guest 9416 3770
Train 8.57am to Cronulla. Ferry 10.30am for 3 hour Hacking River cruise \$6 morning tea included. Optional Peninsular walk. Limit: 25

21 Sept Tue **Ku-ring-gai Chase NP** Sydney
Med day walk 200m asc, 12km steep sections, rocky tracks
Jean Blackman
7.50am train Central (country platform) to Cowan. Meet leader, walk to Brooklyn via Jerusalem Bay

22 Sept Wed **South-west USA** Sthn Sydney
Slide show on "Rock Art and Anasazi Ruins of South-west USA". 8pm, Multi-purpose Centre 123 Flora St, Sutherland.
Details: Milton 9524 2886 Mike 9528 3897. All welcome

22 Sept Wed **Garigal NP** Sydney
Med 14km 150m asc all on roads/tracks, some eroded and slippery
Ralph Newbould 9579 4889 not Tue eve and never b'teen 6-8pm. Only ph if a query
Roseville to Seaforth (right around Bantry Bay). 8.57am bus No 207 Stand 'L' York St Wynyard. Get off at corner Babbage Rd and Addison Ave at approx 9.30am. Map: NPWS Sketch

23 Sept Thur **Ku-ring-gai Chase NP** Sydney
Easy/med 200m asc, 12km tracks
Norma Whitmore 9872 4679 no need to contact
Berowra to Mt Kuringai Station via Cowan Water/Apple Tree Bay. Meet at Berowra Station 10.12am (check trains). Finish Mt Kuringai Station

25 Sept Sat **Brisbane Waters NP** Sydney
Med day walk 200m asc, 16km rocky tracks
Jean Blackman
7.47am train Central (country plat) to Brooklyn. Meet leader for 9am ferry to Wobby walk to Wondabyne via Rocky Ponds, very steep start

25 Sept Sat **Ku-ring-gai Chase NP** Sydney
16km 100m asc, some off track, rock hopping
Rosemary MacDougal 9428 5668 (7-8.30pm M-F) (h) 9265 3000(w)
Mt Colah - Myall Track - Apple Tree Creek - Sphinx Track - Lovers Jump Creek. Map: Hornsby. Limit: 15

26 Sept Sun **Royal NP** Illawarra
18km 200m asc
Des Towne 4261 5855
Rainforest walk via Couranga track, Forest Island, Limestone Cave, National Falls, return Waterfall

26 Sept Sun **Blue Mountains NP** Sydney/Blue Mts
Easy day walk 200m asc (in short segments) 12km all on tracks, lots of steps, up and down
Judith & Nick Hill 4739 2871 around 7pm
Lawson to Hazelbrook via north Lawson and south Lawson parks. See 9 waterfalls in 1 day. Map: Katoomba. Limit: 25

Join Sydney Branch for a
**LUXURY COACH TRIP TO THE
HUNTER REGION BOTANIC GARDENS**

Time to enjoy a variety of easy
walks through beautiful bushland

SUNDAY 24 OCTOBER

See Sydney Branch Newsletter for details

ARTWORK NO 1

LEAVES & FLOWER
SAME SIZE
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POSITIONAL ONLY

25-26 Sept Sat/Sun **Wollemi NP** Illawarra
Overnight bushwalk 600m asc/desc 30km, creek and off-track walking with scrambling up Parr West, some scrub
Bruce Fenton 4271 4340 (h) 4255 1142 (w)
Putty Road - New Yard Creek - Angorawa Creek - Colo River - Parr West - The Island - Drip Rock - Putty Rd
We follow Angorawa Ck to spectacular Colo R to camp. On Sunday, scramble up Parr West for great views of Colo Gorge before following ridges to The Island for more great views. A spectacular walk in a little visited area. Maps: CMA Colo Heights, Bob Bucks Colo Sketch map

25-26 Sept Sat/Sun **Blue Mountains NP** Sydney
Easy full pack walk 160m asc, 12km tracks, some creek-side off tracks
John Paterson 9440 3242 (7-9.30pm after 6 Sept)
Pisgah Rock - Erskine Creek - Dadder Cave - Blands Pool - Monkey Rope Creek
Surprising wilderness close to Sydney. Camp at Lincoln/Erskine Creek junction. Explore Erskine Creek, Dadder Cave, Blands Pool Saturday; Monkey Ropes Ck Sunday. Seek orchids, wildflowers. Inexperienced overnights welcome. Map: Penrith. Limit: 12

25-26 Sept **Kosciuszko NP** Sydney
Easy/med cross-country skiing, 100m asc 10km, terrain undulating, good snow hopefully
Andrew Molnar 9667 4291 (7-9pm only, Wed or Thur)
Perisher-Smiggin area. A follow-up to beginners weekend but others welcome. If you have mastered the basics and want to try a longer distance, come along for 2 easy day trips. Correct gear is important. Car pool will be arranged.

I'm staying on Monday as well, let me know if you can.
Map: Perisher Ski Touring 1:20,000. Limit: 20

26 Sept-3 Oct **New England-Cunnawarra NP** A'dale
Full pack walk 80km, mostly tracks, some off track and creek walking. Costs: \$20-50 per person to cover transport depending on numbers. Transport: charter bus
Paul McCann 6772 6156 (7-10pm)
Ebor - Majors Point - Point Lookout - Bootumburra Range - Petroi Plateau - Georges Ck - Sunday Ck - Georges Ck
Walk along escarpment - great views, rarely used tracks, pristine creeks. Old growth eucalypt forest and rainforest now protected as NP after campaigning by our Branch in this our 25th year. Maps: Ebor, Hyatts Flat, Five Day Creek, Big Hill, Carrai 1:25,000

26 Sept - 7 Oct **Kangaroo Island** Sydney
12 days ex Sydney. Vehicle touring and day walking
Peter Witt 6355 5144 (7am - 9pm)
Limit: 4 vehicles

26 Sept - 8 Oct **Myall Lakes-Barrington Tops**
Daypack 9 days then 3 days med full pack
Andy Cairns 4758 7787(h)
Guide books from Hanns Pacy 4997 0212
This is 8th annual walk along the Tops to Myalls Heritage Trail. On one day botanist David Ratcliffe will be with us

27 Sept Mon **Members & Friends Evening** Sydney
Monthly get-together to air Branch matters and enjoy talk/slides. Tea, coffee from 6.30pm Mitchell Room, Level 4, Imperial Arcade. Enter from Pitt St Mall. Details Sydney Branch Newsletter

ARTWORK NO 2

DARKROOM TECHNIQUES

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28 Sept Tue **Brisbane Waters NP** Sydney **Part 8 GNW**

Med day walk steep section, 14-16km rocky tracks
Jean Blackman
7.50am train Central (country plat) last carriage to
Wondabyne, meet leader walk to Old Sydney Town. Bus
back to Gosford, steep start

29 Sept - 4 Oct **Mt Kaputar NP** Blue Mtns 3 or 2 day pack walk or 1 day walk, tracks or trackless Mark Goodson 4739 3898 (7-8.30pm Mon-Fri) 1st walk: Bark Hut - Scutts Hut - Karrawonga Falls - Mt Lindesay. 2nd walk: Mt Coryah - Camels Hump - Eulah Creek - Mt Yulludinida. 3rd: day walk Volcanic peaks, rainforests, snowgum herbfelds and more! Our base between the walks will be the comfortable Dawsons Springs campground. Map: Kaputar & Biullyena 1:25,000. Limit: 12

2 Oct Sat **Ku-ring-gai Chase NP** Sydney **Part 2 GNW**

Med day walk, steep sections 200m desc. 12km
Jean Blackman
7.47am train Central (country plat) to Brooklyn. Meet
leader and walk to Cowan via Jerusalem Bay

3 Oct Sun **Bomaderry Creek** Macarthur Easy Diane Jeffs 4625 8076 Bomaderry Creek near Nowra. This is a delightful walk and hopefully the orchids will be in full bloom

3 Oct Sun **Blue Mountains NP** Sydney 15 km, mostly good track 500m rough and part slippery Malcolm January 9416 7915 (6.30-9.30pm) Golden Stairs to Mt Solitary via Ruined Castle. Views of Jamison & Megalong Valleys. Limit: 25

2-4 Oct Sat/Mon **Kangaroo Valley** Illawarra Base camp at cars, variable terrain, rainforest, moorland, river valleys Jim Chapman 4296 3633

Princes Highway to Berry, then west to upper Kangaroo
Valley. Base camp at village hall or Gerringong Creek
flats, walks in upper Kangaroo Valley, possible ascent to
Barren Ground plateau. Celebration in evening (DIY enter-
tainment), further walks Sunday

2-4 Oct Sat/Mon **Batemans Bay Area** Illawarra Day walks, base camp at cars, max 14km, 400m desc, undulating Caryll Sefton 4284 2004 Camp at Caravan Park, Durras Lake. Walks in Murra- murrang NP on Sat and Mon. Sun, historic Corn Trail west of Batemans Bay. Book before Sept 15 with non-refund- able deposit for camping. Cabin accommodation available but book yourself

2-4 Oct Sat/Mon **Blue Mountains NP** Sydney Weekend pack walk, track and off track 14km 600m asc Henry Roda 9948 2715 Richard Thompson 9144 1392 Celebrate spring in bird gully on the Kowmung via Obe- ron. A magnificent campsite, day walks with plenty of op- tions. A long weekend to truly enjoy yourself and share delicacies at happy hour time. Not recommended for machos. Celebrate Henry's birthday at a great campsite in the middle Kowmung. Map: CMA Yerranderie. Limit: 15

5 Oct Tue **Georges River NP** Sydney Easy/med 12km walk, rocky/rough tracks Jean Blackman 8.20am train Central (suburban platform) via East Hills to Campbelltown. Meet leader, bus to Kentlyn Basin, circular walk. Cars park end Georges River Rd

6 Oct Wed **North Head** Sydney 14km, 100m asc all on roads or tracks some with exposed roots and slippery Ralph Newbould 9579 4889 not Tue eve and never b'teen 6-8pm. Ph only if a query Manly - North Head - Manly (return by a different route) 8.30am Circular Quay, ferry to Manly. Meet 9am Manly Wharf

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